

# Self-Sustainability Social Group

Are you into any of the following?

- **Camping**
- **Foraging**
- **gardening and agriculture**
- **Permaculture such as water collection and home efficiency**
- **Living off the grid/reducing dependency on the grid**
- **Disaster preparedness**
- **Essential knowledge such as first aid, self defence, etc**
- **Complimentary knowledge such as entrepreneurship and navigation of legal and law systems**
- **Food preserving such as smoking and canning**
- **Hunting/trapping**
- **Bushcraft and exploration**
- **Mapping and backcountry navigation**
- **Alternative forms of communication if the grid goes down**

**Organized by a Millennial that sees how fragile we are as a society if we do not have basic skills.**

If you're into any of that stuff, there is a group that gets together frequently. We will post details in the telegram group that we use to communicate and share ideas, or invite you out by text or email. All ages are welcome. Usually a variety of generations are there since this interests a lot of people. However, anyone below the age of 18 must be accompanied by a parent or guardian.

*If it's something that interests you, then come on out!*

**For details and telegram group link, go to:**

**[369yvr.com](http://369yvr.com) or email [admin@369yvr.com](mailto:admin@369yvr.com)**